

2025 CMAS Pan-American Championship Freediving  
Indoor Junior - Senior  
19th August - 24 th August  
Ibagué, Colombia

## INFORMATION PACK





## Championship Host Invitation

The Colombian National Federation of Underwater Activities FEDECAS is thrilled to invite athletes, coaches, and supporters from across the Americas to participate in the **2025 CMAS Pan-American Championship Freediving Indoor Categories Junior - Senior**. This prestigious event will feature for both Men and Women.

Join us in Ibagué, Colombia, from **August 19<sup>th</sup> to August 24<sup>th</sup>, 2025**, at the renowned Complejo Acuático - Parque Deportivo Ibagué. We eagerly anticipate your participation in this celebration of athleticism and camaraderie, as we come together to advance the sport of underwater hockey in the Americas.

Warm regards,

William Peña

## General Information



**Host City Location:** Ibagué, Colombia

### About Ibagué

Ibagué, known as the "Musical Capital of Colombia," is a vibrant and culturally rich city located in the central region of Colombia. Nestled in the Andean mountains at an elevation of approximately 1,285 meters (4,216 feet) above sea level, Ibagué enjoys a pleasant





climate with average temperatures ranging from 18°C (64°F) to 28°C (82°F) throughout the year.

The city is famous for its musical heritage, hosting annual events like the Festival Folclórico Colombiano, which celebrates Colombian traditional music and dance. In addition to its musical traditions, Ibagué offers a variety of cultural, historical, and natural attractions. Visitors can explore its parks, museums, and nearby natural wonders, such as the Nevado del Tolima volcano and the Combeima Canyon. Enjoy your unforgettable journey at the 2025 CMAS Pan American Championship Freediving Indoor, Ibague Colombia.

## Transportation to Ibagué

### 1. By Air

- **Perales Airport (IBE):** Ibagué is served by Perales Airport, which connects the city to Bogotá and other major Colombian cities. Direct flights from Bogotá's El Dorado International Airport (BOG) to Ibagué take approximately 40 minutes.
- **International Travelers:** Most international travelers arrive in Colombia through Bogotá, Medellín, or Cali. From there, connecting flights to Ibagué are available.

### 2. By Road

- **From Bogotá:** Ibagué is approximately 200 km (124 miles) west of Bogotá. The drive takes about 4-5 hours by car or intercity bus, depending on traffic and weather conditions. The route passes through scenic mountain landscapes, making it an enjoyable journey.
- **From Medellín:** The distance from Medellín to Ibagué is about 260 km (162 miles), and the drive takes roughly 6-7 hours.

### 3. By Bus

- Ibagué has a well-connected bus terminal offering services from major Colombian cities. Bus companies provide frequent and affordable routes to the city.

Airlines that operate flights to Ibagué:

- **Avianca:** Offers direct flights from Bogotá to Ibagué.  
[Avianca](#)
- **LATAM Airlines:** Provides direct flights from Bogotá to Ibagué.  
[LATAM](#)
- **ClicAir:** Operates direct flights to Ibagué.  
[ClicAir](#)

**Venue Details:** Complejo Acuático - Parque Deportivo Ibagué

Overview







The Complejo Acuático at Parque Deportivo Ibagué is a state-of-the-art aquatic center designed to host national and international competitions. Inaugurated in September 2024, this facility has quickly become a central hub for aquatic sports in Colombia.

### Pool Specifications

The complex features multiple pools tailored for various aquatic disciplines:

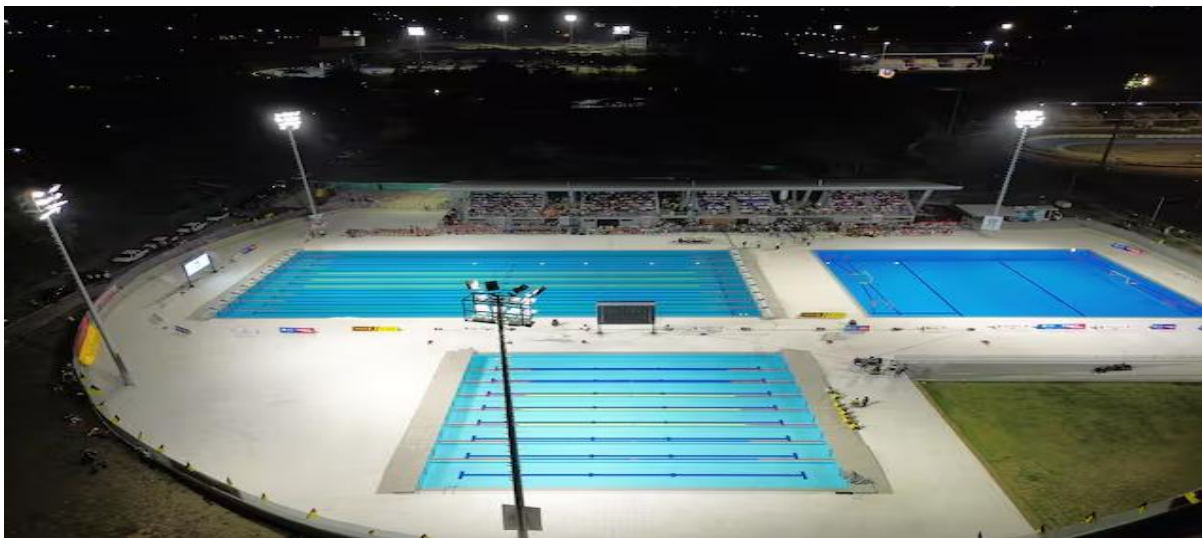
- **Competition Pool:** This Olympic-sized pool measures 50 meters in length and 25 meters in width, adhering to international standards for competitive freediving events. The depth is 3 meters.
- **Training Pool:** A secondary pool designed for warm-ups and practice sessions. It measures 25 meters in length and 20 meters in width, with a uniform depth of 2 meters.

### Facilities and Amenities

The aquatic center is equipped with modern amenities to ensure a comfortable experience for athletes and spectators:

- **Seating Capacity:** The venue can accommodate up to 1,500 spectators, offering clear views of the competition area.
- **Locker Rooms:** Separate facilities for male and female athletes, each equipped with showers, restrooms, and secure lockers.
- **Medical Facilities:** On-site medical room staffed with professionals to address any health concerns during events, with ambulance on place.
- **Accessibility:** The complex is designed to be accessible, with ramps and designated seating areas for individuals with disabilities.

For a closer look at the Complejo Acuático, you can watch the following video showcasing the facility: [Complejo Acuático - Parque Deportivo Ibagué \\*](#)





## General Rules

- Only participants with a CMAS license are eligible to compete in the Championship.
- The registration of participants means that they accept and respect the championship rules, the safety conditions set by the organizers and the CMAS rules and regulations.
- Each country may enter a maximum of 6 athletes per age Junior and Senior category/ discipline/men/women.
- Entries must be submitted to CMAS portal within deadlines <https://portal.cmas.org/login>.
- Registration must be done through National federation's account.
- If the National federation has not yet an account pls contact CMAS admin at [joaojose@cmas.org](mailto:joaojose@cmas.org)
- Panamerican Seniors Championship will occur over 4 competition days.
- Panamerican Juniors Championship will occur over the same competition days and same registration procedure through CMAS portal.
- Masters have no limitations in athletes per country, their registration is by club. The Championship will occur over the same competition days but Masters will apply for individual registration by email.
- Age Categories are as defined at the relevant CMAS freediving rules.





- According the rules: The sequence of the starts is based on the Personal Best of the athletes as noted at the registration of the athlete for an event. Personal Best is the best result in an official competition in the current or the previous year. In Static athletes can announce a time lower than their Personal Best. The athletes with the shortest time or the shorter distance will compete first while the athletes with the longer time or longer distance will compete last.
- National federations must register the actual official performances of all selected athletes to CMAS portal. If there is not existing an official performance it will count as zero (0) and the athlete will start first.

### **SWIMMING POOL EVENTS:**

- Dynamic Apnea Without Fins DNF
- Dynamic Apnea with Bi-fins (DYN-BF)
- Dynamic Apnea DYN
- Speed Apnea 2x50
- Speed Apnea 4x50m
- Speed Apnea 8x50
- Static Apnea STA

### **EVENT SCHEDULE 19-24 AUGUST**

- Day 1 Arrival-registration Official training- Technical meeting for captains
- Day 2 Static Apnea STA - Speed Apnea 8x50 -
- Day 3 Speed Apnea 2x50 - Dynamic Apnea with Bi-fins (DYN-BF)
- Day 4 Speed Apnea 4x50m – Dynamic Apnea Without Fins (DNF)
- Day 5 Dynamic Apnea with Fins (DYN) - Closing Ceremony
- Day 6 Departures

### **SPECIAL NOTES:**

- All Junior and Senior athletes must be registered in CMAS portal wit CMAS license and ADEL certificate.
- Personal Insurance
- Medical certificate not older than 12 months
- ID document- Passport.
- Liability release document

Athletes that fail to provide the above documents will not be allowed to take part in the competitions, and their participation fee will not be refunded.





## COMPETITION SCHEDULE

<b>Ago 19</b> <b>Tuesday</b> <b>Day 1</b>
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8:00 - 11.30	<b>Registration</b>
15.40 - 18.30	<b>Training</b>
18:45	<b>Meeting</b>

<b>Ago 20</b> <b>Wednesday</b> <b>Day 2</b>	<b>Ago 21</b> <b>Thursday</b> <b>Day 3</b>
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14:00	<b>Static</b>	11:30	<b>Speed</b> <b>2 x50</b>
15:30	<b>Speed</b> <b>8 x50</b>	12:00	<b>DYN BF</b>

<b>Ago 22</b> <b>Friday</b> <b>Day 4</b>	<b>Ago 23</b> <b>Saturday</b> <b>Day 5</b>	<b>Ago 24</b> <b>Sunday</b> <b>Day 6</b>
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11:30	<b>Speed</b> <b>4 x50</b>	12:00	<b>DYN</b>	<b>Departure</b>
12:00	<b>DNF</b>			







The schedule of the program can be modified according to the needs of the organizers. Participating teams will be given all information regarding schedule changes.

**OFFICIAL LOC e-mail:**

[appam2025col@gmail.com](mailto:appam2025col@gmail.com)

**INTERNATIONAL JURY**

CMAS Technical Delegate and Judges according to the CMAS rules.

**PROTESTS**

According to the CMAS rules.

**DOPING CONTROL**

Anti-doping tests will be conducted during the championship according to the international rules of WADA and the CMAS anti-doping code.

The organizing committee guarantees to provide doping control according to the CMAS and WADA rules.

**MEDICAL SERVICES**

Medical doctors will be present during the competition and will provide first aid.

For more serious health issues, an ambulance will be outside the venue to transfer to the nearest state hotel. Health issues and need for hospital care from places other than the swimming pool must be taken care by the teams or by each person.

Medical and hospital expenses are upon teams-athletes.

**INSURANCE**

All teams must ensure that all their participants have adequate private health and repatriation insurance during 2025 CMAS PAN-AMERICAN CHAMPIONSHIP FREEDIVING INDOOR Ibagué Colombia.

The participants should purchase adequate medical insurance and repatriation insurance at their place of departure. The medical insurance shall at least cover accidental medical treatment, sudden illness, and hospitalization allowance.

The repatriation insurance shall cover the costs in case of an emergency where you need to return to your place of departure. All participants must have valid insurance and provide the insurance certificate upon request. CMAS, Colombian federation (FEDECAS) and Organizing committee will not be liable for any risks arising therefrom.

**RESPONSIBILITY**

The Organizing, CMAS AMERICA, FEDECAS, the organizing committee, CMAS, the Competition Director, Technical CMAS Delegate, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before,







during or after the competition.

## PARTICIPATION FEES

Athlete, coach, delegates, officials' competition fees are **660 USD Dollar** per person as Organizing Fees.

Include registration, Hotel Check in - August 19 – Check out August 24 with 3 meals, Transportation Airport -hotel – hotel airport – internal transportation during competition event. Accommodations in double or triple rooms.

If you want to be outside of the organizer the fee is 300 USD per person.

**Enclosure 2 Booking Form** No later than **June 30 2025**, and sent to email address: [appan2025col@gmail.com](mailto:appan2025col@gmail.com)

Must send 50% certification payment for the reservation (availability depending on early reservation), The organizer only accepts bank transfer for this payment (bank charges will be charged to the remitter). Bank checks or credit cards will not be accepted.

If you want a single room, you must pay an additional 40 USD per day.

Extra days cost 110 USD per day.

Officials, coaches, assistants, visitors, reporters, viewers etc. must be registered and accredited to enter the pool.

Send email to email: [appan2025col@gmail.com](mailto:appan2025col@gmail.com) to bank details.

**Accommodation Package:** The price of the meals is non-refundable – Non cancellable if you do not take it.

Reference payment: Country - Federation

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## DEADLINES FOR ENTRY AND PARTICIPATION

- Initial entry form Annex 1 and entry fee full payment or at least 50% should be sent to the Organizing Committee, together with a copy of the bank transfer.  
Any time from 01/05/2025 but **not later than July 1<sup>st</sup> 2025**
- Registration at portal and payment of CMAS fees and licenses No later **than July 15<sup>th</sup> 2025**
- Booking and transportation form Annex 2 No later than **June 30 2025**
- Full competitor list form Annex 3 form and full payment No later **than July 15<sup>th</sup> 2025**





- Confirmation of Payment Annex 4 No later **than July 15<sup>th</sup> 2025**
- Participation Form for athletes Annex 5 form, Liability form, medical certificate, insurance no later **than July 15<sup>th</sup> 2025** or hand-deliver it to organizing committee delegate on-site. This annex is mandatory.

For any participating federation wish to arrive earlier of august 19th to have training session at the swimming pool. The federation must inform No later **than June 30<sup>th</sup> 2025** by email: [appan2025col@gmail.com](mailto:appan2025col@gmail.com), we cannot guaranteed training session if you do not send the request. The cost will send you when you send the request.

### PAYMENTS

Full amount should be transferred to LOC no later **than July 15<sup>th</sup> 2025**.  
After this date, the participation fees will increase by a further 10% of the total amount.  
The remaining payment should be paid upon arrival.

Receipts of the payments will be available at the competition time. We need **full data** (name of organization, full address, Tel) and copy of the transfer, to create the receipts and/or invoices.

If it is need for a receipt earlier or upon transfer, you must send a requesting email with full data of the organization-athlete and a copy of the transfer.

### REGISTRATION

Registration entries must be entered online through, <https://portal.cmas.org/login> Opening date of registration: Open 01/05/2025 Closing date of registration: **July 15<sup>th</sup> 2025**.

For further information, please contact us at the following email address:

[appan2025col@gmail.com](mailto:appan2025col@gmail.com)

### VISA

If you require a letter for visa, please contact the organizing committee.

### REFUND POLICY

#### 1) Requesting Removal from the competition

- 1a. Teams or athletes requesting to be removed from the competition need to do so via email to LOC, by the captain or the coach of the team. We will use the date and time stamp as verification to when the request was sent. Phone calls, messages and texts will not be accepted.
- 1b. Any team or athlete that requests to be removed from the competition, before 30 days of the start date of the competition, will be removed with no administration fees accessed and full refund.
- 1c. Any team that requests removal from the competition 30 days or less from the start





date, will have a 100 USD per person, administration fee, deducted from their entry fee. The refund will be 50% at the remaining amount.

- 1d. No refund will be issued for hotel or transfer expenses if less than 30 days.
- 2) No refund will be issued to any team or athlete that requests removal from the competition 10 days or less from the start date of the competition.
- 3) None paid teams or athletes, will not be allowed to participate until the fee is paid.

## REGISTRATION FOR MASTER COMPETITION

Registration entries must be entered online through, [appan2025col@gmail.com](mailto:appan2025col@gmail.com) Opening date of registration: **Open 01/05/2025** Closing date of registration: **15/07/2025**  
For further information, please contact us at the following email address: [appan2025col@gmail.com](mailto:appan2025col@gmail.com)

